

Curriculum Vitae

Name: **Dr. Yousif Ali Yaseen**

Date & Place of Birth: 3/10/1976 Mosul-Iraq
Address: Malta Seri- Duhok / Kurdistan Region of Iraq
Nationality: Kurdish / Iraq
Gender: Male
Marital state: Married

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Passport No.: A11121098 issued in 30/06/2016

Occupational Address

- **Consultant Psychiatrist** at Psychiatric Department /Azadi Teaching Hospital-Duhok since 8/1/2023.
- **Assistant Professor in Psychiatry** at University of Duhok / College of Medicine- Department of Medicine- Branch of Psychiatry since 13/2/2018.
- **Leader** of the Health Psychology & Human Diversity Module –Duhok Medical College since 2019.
- **Lecturer Psychiatrist** at College of Medicine - University of Duhok from 2009 - 2018.
- **Senior Psychiatrist** in Psychiatric Department /Azadi Teaching Hospital-Duhok from 2008 - 2023.

Educational Background

- Primary education: - Muhabad primary school 1983-1985
- Zanyari primary school 1986-1988
- Secondary education: - Cheera intermediate school 1989-1991
- Kawa preparatory school 1992-1994
- University degree: **M.B.Ch.B. College of Medicine / University of Duhok** , 1995-2000.
- Higher education: **Iraqi Board for Medical Specializations (F.I.B.M.S)/Psychiatry.**

Areas of Expertise

- **Psychiatry.**



- **Area of interest:** Community psychoeducation and Epidemiology of Mental Disorders.

Qualifications

- Bachelor in Medicine & General Surgery (**M.B.Ch.B.**) from College of Medicine–University of Duhok in 4/7/2000.
- Iraqi Board for Medical Specializations (**F.I.B.M.S**)/Psychiatry- Baghdad in 3/6/2008.
- **Assistant Professor in Psychiatry** since 13/2/2018.
- **Consultant Psychiatrist** since 8/1/2023.

Languages Spoken

Kurdish, Arabic, English.

Computer Skills

- Microsoft Office
- SPSS Program

Public Societies:

- Kurdistan Doctors Syndicat
- Kurdistan Psychiatric Association




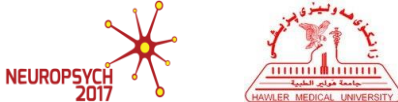

Previous Positions and Experiences:

- **Junior House Officer Doctor** from 7/12/2000 to 4/12/2002 in both DOH of Duhok & Erbil.
- **Manager of primary health center of Denarta** from 4/12/2002 to 14/12/2003 (as primary health care provider in rural health centers –PHC of Denarta-)
- **Postgraduate student** in Iraqi Board for Medical Specializations (I.B.M.S.) /Psychiatry from Dec. 2003- Jun.2008.
- **Senior Psychiatrist** in Psychiatric Department/Azadi Teaching Hospital-Duhok from 30/6/2008 - 2023.
- **Lecturer (Coordinator of Psychiatry) in the School of Medicine**/Faculty of Medical Sciences-University of Duhok/Ministry of Higher Education and Scientific Research/Kurdistan Region-Iraq from Dec. 2009 - Dec. 2015.
- **Transferred** temporarily to Hawler Medical University- College of Medicine from Dec. 2015 to Dec. 2016.

International Scientific Conferences, Workshops, Clinical Courses and Meetings:

Title and type of activity	The organizer	Place and date
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<p>Clinical attachment in the Department of General Psychiatry, University Hospital for Psychiatry /Medical University of Vienna, under supervision of the Prof. Dr. Siegfried Kasper</p>	<p>Ministry of Health of Kurdistan Regional Government – Iraq</p> 	<p>Vienna-Austria 30/8/ - 27/11/ 2006</p>
<p>(Teaching Course in Psychiatry)</p>	<p>Iraqi CME and Training Center in the Ministry of Health/Erbil</p>	<p>Erbil-Kurdistan Region of Iraq 13 -14 June 2007</p>
<p>(CME Meeting for Psychiatrists)</p>	<p>Iraqi CME and Training Center in the Ministry of Health/Erbil</p>	<p>Erbil-Kurdistan Region of Iraq 21-24 April 2008</p>
<p>Planning workshop and launching of the (UNODC-WHO program on Drug Dependence Treatment and Care in Iraq)</p>	<p>UNODC-WHO-GOI Program on Drug Dependence Treatment and Care</p> 	<p>Amman-Jordan 09 -11 February 2014</p>
<p>4th National Mental Health and 1st International Psychiatry Conference. Speaker, presented the article: Prevalence and risk factor of Conversion disorder in Duhok Governorate, Kurdistan Region of Iraq</p>	<p>College of Medicine University of Kufa /Iraq</p> 	<p>Najaf-Iraq 23-25 February 2017</p>
<p>1st International Neuropsychiatric Conference. Speaker, presented the article: Posttraumatic stress disorder among Syrian refugees in Domiz camp-Duhok City</p>	<p>Kurdistan Neurological Association, Kurdistan Psychiatry Association, and Kurdistan Neurosurgery & Spine Association in coordination with College of Medicine – Hawler Medical University</p> 	<p>Erbil-Kurdistan Region of Iraq 11 – 12 May 2017</p>
<p>Training Workshop on Integrated System of Medical Education</p>	<p>College of Medicine/University Duhok in coordination with College of Medicine/University of Kufa</p> 	<p>Duhok-Kurdistan Region of Iraq 4th -5th Aug. 2107</p>
<p>The 2nd international conference of College of Medicine – Hawler Medical University</p>	<p>College of Medicine – Hawler Medical University</p>	<p>Erbil-Kurdistan Region of Iraq 22 – 24 Nov. 2017</p>



Regional Symposium on Psychosocial Support in Academia	GIZ Amman-Jordan 	Dead Sea, Jordan 30 th &31 st July 2018
The First International Conference on Medical Education	College of Medicine- University of Duhok in collaboration with University of Leicester and Kufa 	Duhok - Kurdistan Region of Iraq 6 th & 7 th Oct. 2018
6 th IAMRS International Conference Risks and Challenges of Substance Related & Addictive Disorders in Iraq	 Iraqi Association for Medical Research and Studies IAMRS 6 th IAMRS INTERNATIONAL CONFERENCE Risks and Challenges of Substance Related and Addictive Disorders in Iraq 	Basra - Iraq 7 & 8 th Oct. 2022
Participation as Speaker and Panelist, in the 3 rd International Conference “Psychotherapy in Conflict and Post-Conflict Regions”		Duhok - Kurdistan Region of Iraq 16 th & 17 th Nov. 2022
UNITAD Networking Conference: “Blueprint for Psychosocial Support of ISIL Crimes Survivors: Trauma-Informed and Capacity Building Practices”		Erbil- Kurdistan Region of Iraq 5 th Dec. 2022
Member of Scientific Committee and Speaker at: 1 st International Conference of Kurdistan Psychiatric Association		Erbil- Kurdistan Region of Iraq 9 & 10 th March 2023



<p>Participation in the 31st European Congress of Psychiatry, by: E- Pester Viewing</p>		<p>Paris- France 25- 28th March 2023</p>
<p>Member of Organizing Committee and Speaker at: 1st Scientific Conference of Kurdistan Doctors Syndicate - DUHOK BRANCH</p>		<p>Duhok - Kurdistan Region of Iraq 11th & 12th May 2023</p>

Participation in Training Courses as Trainer

- Training course entitled (*Training Course on Basics of Conflict Management, Emotional Responses & Staff Self Care*) organized by UNHCR in collaboration with DOH-Duhok for the staff of the UNHCR who works in Syrian refugee camps at 13,14,20,21 Oct. 2018.
- Training course entitled (*Strengthening the Capacity of Primary Healthcare Providers: Integration of mental and psychosocial services into primary health care services*) organized by GIZ in collaboration with DOH-Duhok for the managers of the PHC in Duhok Governorate (Duhok, Zakho, Akhre and Shekhan) in Aug. & Sept 2018.
- Training course entitled (*Mental Health Enhancement Project*) organized by GIZ in collaboration with DOH-Duhok for the Psychotherapists, psychiatric nurses, social workers in Psychiatric department- Azadi Teaching Hospital and Mental Health Center –Duhok in addition to SHO in Child Psychiatry in MHC from Aug. - Dec. 2018.

Published Articles

	Title	Journal	Year
1.	Quality of life in schizophrenic patients in Duhok city Coauthor: Najat M AL-Saffar, Dept. of Medicine-Psychiatry unit, College of Medicine, Mosul University	Medical Journal of Tikrit	2009
2.	Reflex Sympathetic Dystrophy: Recognition of some risk factors. Coauthor: Dr. Jager Omer Ahmed, M.B.Ch.B, F.I.C.M.S. Lecturer of Orthopedics	Duhok Medical Journal	Dec. 2015
3.	Prevalence and risk factor for Major depressive disorder and suicidal attempts	JKBMS (Journal of Kurdistan Board for Medical Specialties)	19/2/2017



	among depressed patients in Duhok City		
4.	Adjustment Disorder: prevalence, socio-demographic risk factors and its subtypes in outpatient psychiatric clinic	Asian Journal of Psychiatry	12/3/2017
5.	Posttraumatic stress disorder among Syrian refugees in Domiz camp-Duhok City Coauthor: Mr. Ghazwan Rasho Khedir, Psychiatric Nurse, Directorate General of Health in Duhok.	ZANCO (Journal of Hawler Medical University)	16/3/2017
6.	Risk factors for Conversion disorder in Duhok Governorate/Iraqi Kurdistan	Duhok Medical Journal	20/4/2017
7.	Emotional intelligence dimensions as predictors of coping reactions to stress in nursing practitioners Coauthors: Deldar Morad Abdulah and Rasoul Sabri Piro	Fukushima journal of medical science	2019
8.	Emotional intelligence and its impacts on the clinical performance of nurses in general public hospitals Coauthors: Deldar Morad Abdulah and Rasoul Sabri Piro	Frontiers of Nursing	2021
9.	Internet Addiction and its Relation to Stress and Depression among Duhok Medical College Students Coauthor: Azri Salih Haji Sgery, Maryam Mohamad Tahir Husam-Aldin, Sarwar Nayf Sulaiman, Lizan Bayar Tahir	Duhok Medical Journal	2021
10.	Depression, anxiety and stress among nurses in Duhok City hospitals Coauthor: Jiman Rasheed Hussein	AMJ (Advanced Medical Journal)	2022

Articles (Waiting Publication and Under Work)

1. Somatoform disorders in outpatient psychiatric setting :An overview.
2. Obsessive Compulsive Disorder: Prevalence, risk factors and gender differences in symptomatology.
3. Stress and its Risk Factors in Acute Myocardial Infarction: A Cross – Sectional Study.
4. Zinc status in depressed patients.
5. Impact of Covid-19 on Mental Health of Medical Students.
6. Procrastination Action Phenomenon among medical and Health Science university students; a cross-sectional study

Scientific Reviews of Researches:

	Title	Journal or /for Scientific degree	Year
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1.	Psychology & personality types in infertile & fertile women	Duhok Medical Journal/ (College of Medicine- University of Duhok)	2013
2.	Traumatic experiences among Iraqi internally displaced persons and Syrian refugees	Duhok Medical Journal/ (College of Medicine- University of Duhok)	2015
3.	Suicidal ideation among a group of depressed outpatients	ZANCO Journal of Medical Sciences/ (Hawler Medical University)	2016
4.	Posttraumatic Stress Disorder among Shengalian internally displaced persons	Master Research in Psychiatric Nursing	2017
5.	The effectiveness of short-term Intensive Cognitive-Behavioral Therapy on Symptoms Severity of Patients with Panic Disorder	Duhok Medical Journal/ (College of Medicine- University of Duhok)	2018

Supervision of Postgraduate Student's Researches

1. Supervision of a postgraduate student (Master degree, M.Sc. in Psychiatric Nursing) in Faculty of Medical Sciences- School of Nursing/ University of Duhok, the research title was (**Prevalence of PTSD among Syrian Refugees in Domez camp-Duhok City**) in 2014-2015.
2. Supervision of a postgraduate student (Master degree, M.Sc. in Psychiatric Nursing) in College of Nursing/ University of Duhok, the research title (**Depression, Anxiety and Stress among Nurses in hospitals of Duhok City**) in 2018-2019.
3. Supervision of a postgraduate student (Master degree, M.Sc. in Special education) in the College of Basic Education / University of Duhok, the research title was (**فاعلية بعض من الإستراتيجيات التعليمية في تنمية الإدراك الحسي والمهارات الحس - حركية لدى أطفال طيف التوحد**)
- The effectiveness of some educational strategies in developing sensory perception and sensory-motor skills among children with Autism Spectrum Disorder- in 2022-2023.
4. Supervision of a postgraduate student (PhD degree, in Psychiatric Nursing) in College of Nursing/ University of Duhok, the research title (**The effectiveness of parent training program for ADHD students in primary schools and its impact on the reaction time performance**) in 2021-2023.

Research Examination Committees (Research Discussion Panels)

1. Member in research discussion panel of a postgraduate student (**High Diploma degree in Child and Adolescent Psychiatry**) at College of Medicine/University of Duhok, the research title was (Autism Spectrum Disorder in Duhok Governorate: A Case Control Study) in 2012.
2. Member in research discussion panel of a postgraduate student (**Master degree, M.Sc. in Psychiatric Nursing**) at College of Nursing/University of Duhok, the research title was (Generalized anxiety disorder among first year students in Duhok University) on 16/2/2017.
3. Member in research discussion panel of a postgraduate student (**Master degree, M.Sc. in Public Health**) at College of Health and Medical Technology Shekhan / Duhok Polytechnic University, the research title was (Adult life style Behaviours of Adults during the COVID-19 Pandemic in Duhok City), on 6/12/2022.
4. Member and supervisor in research discussion panel of a postgraduate student (**Master degree, M.Sc. in Special Education**) at College of Basic Education/University of Duhok, the research



فاعلية بعض من الإستراتيجيات التعليمية في تنمية الإدراك الحسي والمهارات الحس - حركية لدى أطفال طيف التوحد

- The effectiveness of some educational strategies in developing sensory perception and sensory-motor skills among children with Autism Spectrum Disorder- on 30/4/2023.

5. Head of the research discussion panel of a postgraduate student (**Master degree, M.Sc. in Clinical Psychology**) at department of Clinical Psychology – Faculty of Science and Health /University of Koya, the research title was ((Illness anxiety, stress, and coping during COVID-19 pandemic among elderly in Sulaimaniya City in Kurdistan Region of Iraq) on 18/5/2023.

Postgraduate Study, Teaching and Supervision

- Participation in the teaching of two postgraduate students (**Ph.D. degree in Mental Health**) in the College of Education/Department of Psychology/ University of Duhok in 2009-2010. Responsible for teaching of two main topics: Mental Disorders and Psychophysiology.
- Participation in the teaching of a postgraduate student (**High Diploma degree in Child and Adolescent Psychiatry**) in the College of Medicine/University of Duhok in 2010. Responsible for teaching of General Adult Psychiatry.
- Clinical supervision of a postgraduate student (**High Diploma degree in Clinical Psychology**) in the College of Clinical Psychology/University of Koya in 2011 for 6 months. (Clinical assessment of adult psychiatric patients).
- Participation in the teaching of tow postgraduate students (**High Diploma degree in Preventive Dentistry**) in the School of Dentistry –Faculty of Medical Sciences /University of Duhok in 2012. Responsible for teaching of General Psychology.
- Participation in the teaching of a postgraduate student (**Master degree M.Sc. in Psychiatric Nursing**) in the School of Nursing –Faculty of Medical Sciences /University of Duhok in 2012-2013. Responsible for teaching of Adult Psychiatry.
- Participation in the teaching of tow postgraduate student (**Master degree M.Sc. in Psychiatric Nursing**) in the School of Nursing –Faculty of Medical Sciences /University of Duhok in 2013-2014. Responsible for teaching of Adult Psychiatry.
- Participation in the teaching of three postgraduate students (**Master degree M.Sc. in Nursing**) in the College of Nursing/University of Duhok in 2016-2017. Responsible for teaching of the subject: Evidence –Based Practice.
- Participation in the teaching of a postgraduate student (**High Diploma degree in Child and Adolescent Psychiatry**) in the College of Medicine/University of Duhok in 2017. Responsible for teaching of General Psychology.
- Participation in the teaching of tow postgraduate student (**in Psychiatric Nursing**) from College of Nursing –/University of Duhok in 2016-2017. Responsible for teaching of Adult Psychiatry (Theory and Clinical).



- Supervision of a postgraduate student these Supervising a student's PhD thesis in psychiatric nursing (College of Nursing –/University of Duhok) in the College of Clinical Psychology/University of Koya in 2011 for 6 months. (Clinical assessment of adult psychiatric patients).
- Participation in the teaching of postgraduate students in the Institute of Psychotherapy and Psychotherapy (**IPP**) – University of Duhok in 2019, giving the subject: Psychopharmacology.
- Participation in the teaching of tow postgraduate student (**PhD in Psychiatric Nursing**) in the College of Nursing –/University of Duhok in 2020 - 2021. Responsible for teaching the subject: Psychiatric interventions and Psychotherapy (Theory and Clinical).
- Participation in the teaching of tow postgraduate student (**High diploma in Breast Physician**) in the College of Medicine –/University of Duhok in 2020 - 2021. Responsible for teaching the subject: Psychological support (Counselling and breaking bad news).
- Participation in the teaching of tow postgraduate students (**High diploma degree in Breast Physician**) in the College of Medicine /University of Duhok in 2021. Responsible for teaching of the following subjects: Counselling, Breaking Bad news, Psychological impacts of Cancer and Stress and Coping Mechanisms
- Participation in the teaching of tow postgraduate students (**PhD degree in Psychiatric Nursing**) in the College of Nursing –/University of Duhok Responsible for teaching of the following subjects: Psychopharmacology, non- pharmacological somatic treatment and psychological treatment in Psychiatry, in 2021 -2022.
- Participation in the teaching of postgraduate students in the Institute of Psychotherapy and Psychotherapy (**IPP**) – University of Duhok in 2023, giving the subject: Sleep Disorders.

Undergraduate Teaching

- In addition to main duties in the College of Medicine-University of Duhok, (**The module leader of Health Psychology and Human Diversity Module**), had been participated in the teaching process of **undergraduate students** in the:
- **School of Nursing**-Faculty of Medical Sciences/ University of Duhok, for 4 years,(the following subjects have been taught: medical sociology, psychology for nursing and psychiatric nursing)
- **School of Dentistry**- Faculty of Medical Sciences/ University of Duhok, for 2 years, the subject (scientific debate) has been taught.
- **School of Health Sciences** - Faculty of Medical Sciences/ University of Duhok, for one year, the subject (Medical ethics) has been taught.
- **Department of Sociology**- School of Arts-Faculty of Humanities / University of Duhok, for one year, the subject (General Psychology) has been taught.

Activities in Media



- Participation in weekly TV program in Vin TV satellite under the name (**Psyche** سايك) about mental health education and mental illnesses from Sep. 2008 to Dec. 2009.
- Member of the writers' staff at the (**Psyche** سايك) journal which was issued by the Ministry of Health/Kurdistan Region of Iraq in 2009 .
- Prepared and presented a weekly TV program in Dalal TV/Zakho City under the name (**Mental Health** ساخلهميا دهرووني) about psycho education and psychiatric disorders, for one year (2011-2012).
- Prepared and presented a weekly TV program in Spede TV satellite under the name (**Hanase** ههناسه) for 6 months in 2014 and was about general medical and psychological education.
- Preparing and presenting a TV program in Spede TV satellite under the name (**Hanase** ههناسه) for 6 months in 2016, was about general medical and psychological education.

Activities with NGOs

- Working as Coordinator (Consultant Psychiatrist) with the **IRD** (International Relief and Development) NGO in Duhok City in 2009 for about one year (worked on psycho-education).
- Working with the **LWF** (Lutheran World Federation) – Duhok Office as a consultant Psychiatrist in mental health project aims at assessing and managing the mentally ill patients among IDPs from Shingal and other areas of Northern Iraq, in addition to submission of psychoeducation program, in 2017.
- Consultant Psychiatrist with **UNHCR** in collaboration with DOH-Duhok in 2018.
- Consultant Psychiatrist with **GIZ** in collaboration with DOH-Duhok in 2018.
- Consultant Psychiatrist with **ACF** in collaboration with DOH-Duhok in 2019.
- Consultant Psychiatrist with **GIZ** in collaboration with DOH-Duhok in 2021.

Other Activities (Membership in important Committees)

- Member of the scientific committee for the **Mental Health Act** of Kurdistan Region/Iraq in 2010. (Representative of General Directorate of Health in Duhok) .
- Member of the scientific committee for the **Drug Abuse Act** of Kurdistan Region/Iraq in 2011. (Representative of General Directorate of Health in Duhok).
- Member in the **Distributing Humanitarian Aids Committee/ University of Duhok** for helping the IDPs in coordination with the (All for Kurdistan campaign) from USA in 2014 .
- Member of the founding body of the **Kurdistan Psychiatric Association/** 2017, and the head of Duhok Branch of the association from 2019 -2023.

Acknowledgements

- From **Minister of Health** of the Kurdistan Regional Government in 2010, for activities in scientific committee for the Mental Health Act of Kurdistan Region/Iraq.
- From **Minister of Health** of the Kurdistan Regional Government in 2011, for activities in scientific committee for the Drug Abuse Act of Kurdistan Region/Iraq
- From **President of University of Duhok** in 2014, for the activities of the university committee for helping the displaced people in coordination with the (All for Kurdistan campaign) from USA.



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- From **President of Hawler Medical University** in 2016, for the active participation in medical committees of the university.
 - From **Minister of Health** of the Kurdistan Regional Government and **Heartland Alliance International** on the occasion of World Mental Health Day at 10/10/2017, for my active contribution and commitment in providing Mental Health Services in Kurdistan Region.
 - From Presidency of **Cihan University** in Duhok for participation in the World Autism Awareness Day at 1/4/2023, by giving a lecture about (Autism Spectrum Disorder).
 - From Presidency of **Cihan University** in Duhok at 5/4/2023, by giving a lecture about (Etiology of Anxiety Disorders).

The End