

EXECUTIVE PROFILE

Public health lecture at the University of Duhok for the following undergraduate subjects:

Community Health Nursing
Health Promotion
Biostatistics
Basic Research Methods
Leadership and Nursing Management
English for Nurses

CONTACT DETAILS

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<https://web.uod.ac/ac/c/con/departments/community-health-and-maternity-nursing-unit/academic-members/deldarmorad-abdulah/>

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MAIN INTERESTS

- Digital Marketing
- Social Media Strategies
- Online Advertising
- Fashion and Lifestyle Marketing
- Communications
- Public Speaking
- Team Management

DELDAR MORAD ABDULAH

PUBLIC HEALTH LECTURER

WORK EXPERIENCE

UNIVERSITY OF DUHOK

college of nursing | 2019 - Present

- Teaching
- Researching

EDUCATION HISTORY

QAZVIN UNIVERSITY OF MEDICAL SCIENCES

Associate degree | Occupational Health

College of Health (Iran)

IRAN UNIVERSITY OF MEDICAL SCIENCES

Bachelor degree | Occupational Health

College of Health (Iran)

LA TROBE UNIVERSITY

Master in Public Health

School of Health and Human biosciences

PUBLICATIONS

- Abdulah, D. (2020). NIGELLA SATIVA OIL AS AN AGENT IN ENHANCING IMMUNITY AGAINST COVID-19.
- Abdulah, D. M. (2020). Challenges in Studies of Female Genital Mutilation: A Cross-Sectional Study in Iraqi Kurdistan: SAGE Publications Ltd.
- Abdulah, D. M. (2020). Physiological and Cultural Perspectives of Sleep Disorders' Impacts in Middle East Countries Neurological Modulation of Sleep (pp. 3-17): Elsevier.
- Abdulah, D. M. (2021). Prevalence and correlates of COVID-19 vaccine hesitancy in general public in Iraqi Kurdistan: A cross-sectional study. *Journal of Medical Virology*.
- Abdulah, D. M., & Abdulla, B. M. O. (2018). Effectiveness of group art therapy on quality of life in paediatric patients with cancer: a randomized controlled trial. *Complementary therapies in medicine*, 41, 180-185.
- Abdulah, D. M., & Abdulla, B. M. O. (2019). Psychological wellbeing of Yezidi females following group art-based intervention: An interventional study. *Complementary therapies in medicine*, 46, 165-171.
- Abdulah, D. M., & Abdulla, B. M. O. (2020). Suicidal ideation and attempts following a short-term period of art-based intervention: An experimental investigation. *The Arts in Psychotherapy*, 68, 101648.
- Abdulah, D. M., Abdulla, B. M. O., & Liamputtong, P. (2020). Psychological response of children to home confinement during COVID-19: A qualitative arts-based research. *International Journal of Social Psychiatry*, 0020764020972439.
- Abdulah, D. M., Ahmed, S. K., Mustafa, R., & Saeed, M. S. (2021). Association of pharmacotherapy with clinicians' nutritional counseling practices to diabetic and hypertensive patients. *Journal of Public Health and Primary Care*, 2(2), 38.
- Abdulah, D. M., Al-Dosky, A. H. A., & Mohammed, A. H. (2020). Lead and zinc exposure in the blood of workers in municipal waste management. *Environmental Science and Pollution Research*, 27(10), 11147-11154.
- Abdulah, D. M., Dawson, A., & Sedo, B. A. (2020). The impact of health education on attitudes of parents and religious leaders towards female genital mutilation. *BMJ Sexual & Reproductive Health*, 46(1), 51-58.
- Abdulah, D. M., & Hassan, A. (2020). Relation of dietary factors with infection and mortality rates of COVID-19 across the world. *The journal of nutrition, health & aging*, 1-8.
- Abdulah, D. M., & Hassan, A. B. (2021). Exploration of association between respiratory vaccinations with infection and mortality rates of COVID-19. *Disaster Medicine and Public Health Preparedness*, 1-16.
- Abdulah, D. M., Hassan, A. B., Saadi, F. S., & Mohammed, A. H. (2018). Impacts of self-management education on glycaemic control in patients with type 2 diabetes mellitus. *Diabetes & Metabolic Syndrome: Clinical Research & Reviews*, 12(6), 969-975.
- Abdulah, D. M., Miho Alhakem, S. S., & Piro, R. S. (2019). Effects of music as an adjunctive therapy on severity of symptoms in patients with obsessive-compulsive disorder: randomized controlled trial. *Nordic Journal of Music Therapy*, 28(1), 27-40.
- Abdulah, D. M., & Mohammed, A. A. (2020). The consequences of the COVID-19 pandemic on perceived stress in clinical practice: experience of doctors in Iraqi Kurdistan. *Rom J Intern Med*, 3.
- Abdulah, D. M., Mohammedsadiq, H. A., & Liamputtong, P. (2021). Experiences of nurses amidst giving care to COVID-19 patients in clinical settings in Iraqi Kurdistan: A qualitative descriptive study. *Journal of Clinical Nursing*.
- Abdulah, D. M., Mohammedsadiq, H. A., & Mohammed, A. H. (2021). Effectiveness of wet cupping therapy on relieving pain in patients with chronic migraine: an observational study. *Journal of Complementary and Integrative Medicine*.
- Abdulah, D. M., & Musa, D. H. (2020). Insomnia and stress of physicians during COVID-19 outbreak. *Sleep Medicine: X*, 2, 100017.
- Abdulah, D. M., & Perot, R. A. (2019). Factors Influencing Prescribing Perceived Utility of Drugs: Experiences from Iraqi Kurdistan. *Innovations in Pharmacy*, 10(4).
- Abdulah, D. M., & Piro, R. S. (2018). Sleep disorders as primary and secondary factors in relation with daily functioning in medical students. *Annals of Saudi medicine*, 38(1), 57-64.
- Abdulah, D. M., Qazli, S. S. A., & Suleman, S. R. (2020). Response of the public to preventive measures of COVID-19 in Iraqi Kurdistan. *Disaster Medicine and Public Health Preparedness*, 1-9.
- Abdulah, D. M., & Saeed, M. S. (2020). The Origin and Consequences of Sebiran Community COVID-19 Case.
- Abdulah, D. M., & Saeed, M. S. (2021). Public Opinions and Conspiracy Thinking towards the COVID-19 Outbreak in Iraqi Kurdistan. *Disaster Medicine and Public Health Preparedness*, 1-11.
- Abdulah, D. M., & Saeed, M. S. (2021). The Response of Medical Doctors and Hospital Administration to Infection Prevention and Control in the Health Care of Suspected/Confirmed COVID-19 Patients. *Infectious Diseases in Clinical Practice (Baltimore, Md.)*, 29(4), e224.
- Abdulah, D. M., Sedo, B. A., & Dawson, A. (2019). Female genital mutilation in rural regions of Iraqi Kurdistan: a cross-sectional study. *Public Health Reports*, 134(5), 514-521.
- AHMED, S. K., SANAAN, R. H., & ABDULAH, D. M. (2017). The perception of graduates of duhok college of medicine about family medicine. *Duhok Medical Journal*, 11(1), 83-96.
- Ali, Y. Y., Morad, A. D., & Sabri, P. R. (2019). Emotional intelligence dimensions as predictors of coping reactions to stress in nursing practitioners. *Fukushima journal of medical science*.
- Azzez, S. S., Abdulah, D. M., Piro, R. S., & Alhakem, S. S. M. (2019). Sleep severity and fatigue manifestations in relation to the doctor-patient relationship. *Sleep medicine*, 58, 13-17.
- Deldar Morad Abdulah, H. A. M. Response of nurses towards interim infection prevention and control recommendations for COVID-19 in healthcare settings at the early stage. *Egyptian Nursing Journal*.
- Deldar Morad Abdulah, R. S. P., Yousif Ali Yaseen. Emotional intelligence and its impacts on the clinical performance of nurses in general public hospitals. *Frontiers of Nursing*.
- Deldar Morad Abdulah, S. K. S. Interactive effects of sleep difficulty and time pressure on patient safety in nurses in public hospitals. *Sleep and Vigilance*.
- Hassan, A. B., Salih, S. F., Hassan, I. I., Saadi, F. S., Abdulah, D. M., Ahmed, I. H., ... Khaleel, B. B. (2019). Circulating betatrophin in relation to metabolic, inflammatory parameters, and oxidative stress in patients with type 2 diabetes mellitus. *Diabetes & Metabolic Syndrome: Clinical Research & Reviews*, 13(1), 458-463.
- Hassan, I. I., Hassan, A. B., Rajab, H. A., Saadi, F. S., Abdulah, D. M., Majeed, A. A. A., ... Ahmed, I. H. (2019). Association of irisin and oxidative stress with biochemical parameters in patients with metabolic syndrome. *Hormone molecular biology and clinical investigation*, 39(1).
- Jawzal, R. H., Alkass, S. Y., Hassan, A. B., & Abdulah, D. M. (2020). The effectiveness of military physical exercise on irisin concentrations and oxidative stress among male healthy volunteers. *Hormone molecular biology and clinical investigation*, 41(3).
- Merza, M. A., Abdulah, D. M., Mohammed, H. M., & Yones, A. M. (2021). Epidemiological Trends of Coronavirus Disease 2019 in Iraqi Kurdistan. *Disaster Medicine and Public Health Preparedness*, 1-6.
- Merza, M. A., Al Mezori, A. A. H., Mohammed, H. M., & Abdulah, D. M. (2020). COVID-19 outbreak in Iraqi Kurdistan: The first report characterizing epidemiological, clinical, laboratory, and radiological findings of the disease. *Diabetes & Metabolic Syndrome: Clinical Research & Reviews*, 14(4), 547-554.
- Merza, M. A., Aswad, S. M., Sulaiman, H. M., Abdulah, D. M., Rasheed, W. S., & Taib, N. I. (2021). Clinical and epidemiological characteristics and outcomes of Coronavirus disease-19 patients in a large longitudinal study. *International journal of health sciences*, 15(4), 29.
- Piro, R. S., Alhakem, S. S. M., Azzez, S. S., & Abdulah, D. M. (2018). Prevalence of sleep disorders and their impact on academic performance in medical students/University of Duhok. *Sleep and Biological Rhythms*, 16(1), 125-132.
- Rajab, H. A., Hassan, A. B., Hassan, I. I., Abdulah, D. M., & Saadi, F. S. (2020). Circulating human anti nucleolus antibody (ANCAb) and biochemical parameters in type 2 diabetic patients with and without complications. *PLoS One*, 15(8), e0237109.
- Rasool, S. O., Zaman, B. A., & Abdulah, D. M. (2020). Serum zinc levels in iron deficiency anemia, non-iron deficiency anemia, and normal pregnant women and its correlation with iron status and hematological parameters. *Medical Journal of Babylon*, 17(1), 103.
- Zaman, B., Rasool, S., Jasim, S., & Abdulah, D. (2021). Hepcidin as a diagnostic biomarker of iron deficiency anemia during pregnancy. *The Journal of Maternal-Fetal & Neonatal Medicine*, 34(8), 1288-1296.